



2010 Summer 7s

7 a-side adult soccer leagues

Frank Clair Stadium Lansdowne Park



12 games + playoff weekend tournament
5 possible game time slots (6pm to 10pm) per night

	Monday	Tuesday	Wednesday	Thursday	Sunday
Divisions	WD2	WRec1	COED	MD3	MD1
	WD3	WRec2	MD5	MD4	MRec
	WD4	OT(1,2,3)		COED	W30+

Please Note W- Women , M- Men, OT- Men's Oldtimers, Rec- Recreational

Entry Fee: \$1200 per team

Start Date: Late May **Playoff Weekend:** Mid-August

E-mail: staff@soccer7s.ca

Phone: 613-986-0319

